Bible Study Topics For Young Adults

Bible Study Topics for Young Adults: Exploring Faith with Purpose and Passion **bible study topics for young adults** often spark both curiosity and deeper reflection as this pivotal stage of life brings unique challenges and opportunities. Navigating relationships, career choices, identity, and personal values, young adults frequently seek meaningful ways to connect with their faith. A well-curated selection of Bible study topics can provide not only spiritual growth but also practical guidance for everyday living. Whether you are leading a small group, attending a youth ministry, or studying on your own, focusing on relevant themes enriches the experience and helps young adults engage with Scripture in ways that resonate with their life journey.

Understanding the Importance of Bible Study for Young Adults

Young adulthood is a transformative phase marked by exploration and decision-making. Engaging with the Bible during this time can anchor individuals in a sense of purpose and moral clarity. Bible study is more than reading passages—it's about applying biblical principles to real-world situations, fostering a vibrant faith, and building a supportive community. When Bible study topics for young adults are thoughtfully chosen, they encourage honest conversations about doubts, hopes, and struggles.

Top Bible Study Topics for Young Adults to Explore

Selecting topics that address the realities faced by young adults helps maintain interest and relevance. Here are some impactful themes that can guide fruitful Bible studies:

1. Identity and Purpose in Christ

Many young adults wrestle with questions like “Who am I?” and “What is my purpose?” The Bible offers profound insights into identity rooted in God’s love. Exploring passages such as Ephesians 2:10, Jeremiah 29:11, and Psalm 139 can inspire confidence and a sense of divine calling. Discussing how to discover and live out one's God-given purpose can empower young adults to navigate uncertainty with faith.

2. Navigating Relationships with Biblical Wisdom

Relationships are central to young adult life—friendships, romantic partnerships, family dynamics. Topics like healthy communication, forgiveness, love, and boundaries can be explored through scriptures like 1 Corinthians 13, Proverbs 15:1, and Colossians 3:13. This encourages participants to reflect on how biblical teachings shape their interactions and emotional well-being.

3. Faith and Doubt: Embracing Questions

Doubt is a natural part of growth, especially in young adulthood when beliefs are challenged. Bible study groups can create safe spaces to discuss doubts openly, examining stories of biblical figures like Thomas (John

20:24-29) or Gideon (Judges 6) who questioned God yet grew in faith. This topic reassures young adults that faith and doubt can coexist and lead to deeper understanding.

4. Purposeful Living: Stewardship and Service

Young adults often want to make a difference but may feel unsure how. Studying the Bible's call to stewardship—of time, talents, and resources—can motivate action. Passages such as Matthew 25:14-30 and 1 Peter 4:10 highlight the importance of using gifts to serve others. This theme encourages practical applications of faith through volunteering, activism, and generosity.

5. Overcoming Anxiety and Stress through Scripture

The pressures of modern life—work, school, social expectations—can lead to anxiety. Bible study can provide comfort and coping strategies by focusing on verses like Philippians 4:6-7, Matthew 6:25-34, and Isaiah 41:10. Discussing how to cast worries on God and cultivate peace can be life-changing for young adults experiencing stress.

6. Building a Strong Prayer Life

Prayer is foundational to spiritual growth but can sometimes feel challenging to maintain consistently. Exploring biblical models of prayer from Psalms, Jesus' teachings in the Sermon on the Mount (Matthew 6:5-15), and Paul's prayers (Ephesians 1:15-23) helps young adults develop deeper, more meaningful communication with God.

Incorporating Practical Tips for Effective Bible Study

Engaging with Scripture doesn't have to be intimidating. Here are some tips to help young adults dive deeper and make Bible study a rewarding habit:

1. **Choose relatable study materials:** Use devotionals, commentaries, or study guides tailored for young adults to make the Bible more accessible.
2. **Encourage group discussions:** Sharing insights and questions with peers fosters community and diverse perspectives.
3. **Apply Scripture to daily life:** Challenge participants to reflect on how biblical truths impact their decisions and attitudes.
4. **Use multimedia resources:** Incorporate videos, podcasts, or worship music to complement and enrich the study experience.
5. **Be consistent but flexible:** Establish regular study times while allowing room for spontaneous discussions or deeper exploration on certain topics.

Exploring Biblical Characters Relevant to Young Adults

Sometimes the best way to understand Scripture is through the lives of biblical figures who faced challenges similar to those young adults encounter today. Studying these characters can provide encouragement and practical lessons.

David: Courage and Leadership

David's journey from shepherd boy to king is filled with trials, victories, failures, and repentance. Young adults can learn about trusting God amidst

adversity, leadership responsibilities, and the importance of a repentant heart (1 Samuel 16-17; Psalms).

Esther: Courage and Identity

Esther's story highlights bravery and the significance of standing firm in one's identity and calling (Esther 4:14). Young adults can relate to Esther's courage in facing uncertainty and making impactful choices.

Paul: Transformation and Mission

Paul's transformation from persecutor to apostle illustrates the power of grace and purpose-driven living. His letters encourage perseverance, faith, and spreading the gospel, which resonates with young adults seeking meaning (Acts 9; Romans, Corinthians).

The Role of Community in Young Adult Bible Studies

One of the most enriching aspects of Bible study is the community it builds. Young adults often crave authentic relationships where they can grow spiritually and emotionally. A group setting offers accountability, encouragement, and a safe environment to explore faith. Incorporating fellowship, shared meals, and service projects can deepen bonds and make Bible study a highlight of the week. Additionally, leaders can foster inclusivity by welcoming diverse perspectives and encouraging vulnerability. This approach nurtures trust and helps young adults feel valued and understood as they wrestle with life's big questions.

Integrating Technology to Enhance Bible Study Engagement

In today's digital age, integrating technology can make Bible study for young adults more accessible and interactive. Apps like YouVersion offer reading plans and devotionals tailored to various life stages. Virtual meetings or social media groups can connect participants beyond physical gatherings, allowing for continuous encouragement and sharing. Online resources such as podcasts, YouTube sermons, and blogs provide fresh insights and complement traditional study methods. Leveraging technology thoughtfully helps young adults stay engaged and apply biblical truths even amid busy schedules. Exploring bible study topics for young adults is a rewarding way to connect faith with the real-life experiences of this vibrant age group. When Bible study is relevant, interactive, and rooted in community, it becomes a powerful tool for personal transformation and lifelong spiritual growth. Whether tackling identity, relationships, doubts, or purpose, the Bible offers timeless wisdom that speaks directly to the hearts and minds of young adults today.

Exploring Bible Study Topics for Young Adults: A Guide to Relevant and Engaging Spiritual Growth **bible study topics for young adults** are increasingly becoming a focal point for churches, youth groups, and individuals aiming to deepen spiritual understanding while addressing contemporary challenges faced by this demographic. The quest for meaningful engagement with Scripture among young adults demands topics that resonate with their daily experiences, aspirations, and struggles. This article investigates a range of Bible study themes tailored for young adults, highlighting their relevance, applicability, and potential to foster both personal and communal growth.

Understanding the Spiritual Landscape of Young Adults

Young adulthood typically spans ages 18 to 30, a period marked by significant transitions such as higher education, career beginnings, relationships, and identity formation. In this phase, spiritual exploration often intersects with questions about purpose, morality, and social responsibility. Consequently, selecting bible study topics for young adults requires sensitivity to these life stages, ensuring discussions are not only theologically sound but also practically applicable. Recent studies suggest that young adults are eager for authenticity and relevance in their faith journey. According to a 2023 Pew Research Center survey, over 60% of young adults express interest in faith communities that address real-world issues alongside traditional spiritual teachings. This data underscores the importance of curating topics that blend biblical principles with contemporary concerns.

Key Bible Study Topics for Young Adults

The following categories represent some of the most impactful and widely recommended bible study topics for young adults. Each area offers a pathway for exploring Scripture in a manner that is both reflective and action-oriented.

1. Identity and Purpose in Christ

Many young adults grapple with questions like “Who am I?” and “What is my purpose?” Bible study topics centered on identity in Christ provide a framework for understanding self-worth beyond societal labels. Passages such as Ephesians 2:10 (“For we are God’s handiwork...”) and Jeremiah

29:11 (“For I know the plans I have for you…”) are foundational in guiding young adults toward recognizing their unique value and divine calling.

2. Navigating Relationships and Community

Relationships play a critical role in young adults’ lives, whether romantic, familial, or social. Bible studies focusing on love, forgiveness, and community building can equip participants with biblical perspectives on healthy interactions. Topics might include the “Fruits of the Spirit” (Galatians 5:22-23), teachings on marriage and singleness, and principles of reconciliation.

3. Managing Anxiety and Mental Health Through Faith

Mental health is a growing concern among young adults. Integrating Scripture with discussions about anxiety, depression, and resilience can offer spiritual tools for coping. Verses like Philippians 4:6-7 and Psalm 34:17-18 provide comfort and reassurance, fostering holistic wellness that encompasses mind, body, and spirit.

4. Christian Ethics and Social Justice

Young adults often seek to align their faith with social activism. Bible study topics addressing justice, mercy, and compassion—rooted in passages such as Micah 6:8 and Isaiah 1:17—can inspire engagement with societal issues. This theme encourages critical thinking about contemporary challenges like poverty, racism, and environmental stewardship from a biblical perspective.

5. Spiritual Disciplines and Personal Growth

To cultivate a sustainable faith, young adults benefit from exploring spiritual disciplines such as prayer, fasting, meditation, and Scripture memorization. Bible studies that emphasize these practices can help participants develop habits that nurture ongoing spiritual maturity, drawing on examples from Psalms and the teachings of Jesus.

Features of Effective Bible Study Topics for Young Adults

Choosing topics is one aspect; effective delivery and structure are equally important. Below are key features that enhance the impact of bible study sessions for young adults:

1. **Relevance:** Topics should connect with current cultural and personal realities, addressing issues like career stress, technology use, or social media's influence.
2. **Interactive Learning:** Incorporate discussions, group activities, and multimedia resources to engage diverse learning styles.
3. **Scriptural Depth:** Ensure that topics are grounded in thorough biblical exegesis, avoiding superficial treatment of complex themes.
4. **Safe Environment:** Facilitate open dialogue where young adults feel comfortable sharing doubts and experiences without judgment.
5. **Application-Oriented:** Encourage practical takeaways that participants can implement in their daily lives.

Comparing Bible Study Approaches:

Topical vs. Book-by-Book

When structuring studies around bible study topics for young adults, leaders often choose between topical studies and book-by-book approaches.

Topical Studies

These focus on a specific theme or issue, drawing from various Scripture passages. For example, a study on “Faith and Work” might include verses from Proverbs, Colossians, and James. Topical studies are flexible and directly address pressing concerns, making them highly engaging for young adults seeking immediate relevance.

Book-by-Book Studies

Studying a single book of the Bible in its entirety offers depth and continuity. Young adults can trace themes, historical context, and literary styles, gaining a comprehensive understanding. However, this approach may seem less immediately applicable for those looking for direct answers to contemporary issues. Both methods have merits; some ministries blend them by alternating between topical and book studies to maintain variety and depth.

Challenges in Selecting Bible Study Topics for Young Adults

Despite the benefits, several challenges arise when curating bible study topics for this demographic. One challenge is balancing doctrinal accuracy with cultural sensitivity. Young adults are diverse in background and belief nuances, requiring facilitators to navigate theological complexities

thoughtfully. Another hurdle is engagement. With abundant distractions and competing priorities, maintaining consistent attendance and participation can be difficult. Innovative approaches that incorporate technology, real-life testimonies, and peer leadership often help overcome this barrier. Finally, addressing controversial issues such as sexuality, political views, or interfaith relations demands careful moderation to foster respect and understanding without compromising core biblical teachings.

Resources to Support Bible Study for Young Adults

Numerous tools and platforms exist to aid the study of bible study topics for young adults. Digital devotionals, mobile apps like YouVersion, and online forums provide accessible content. Additionally, study guides tailored specifically for young adult groups—such as "The Bible Project" series or "Alpha Youth Series"—offer structured curricula that combine theological insight with practical application. Churches and youth ministries can also leverage podcasts and YouTube channels focused on contemporary Christian living, enriching the study experience beyond traditional formats. Exploring bible study topics for young adults reveals a dynamic intersection of faith, culture, and personal growth. By thoughtfully selecting themes that resonate and challenge, faith communities can empower young adults to navigate life’s complexities with biblical wisdom and confidence.

The ability to download ***Bible Study Topics For Young Adults*** has become one of the defining characteristics of modern education and independent learning. As technology continues to evolve, digital access to books and educational resources has shifted from being a convenience to a necessity. Today, learners no longer rely solely on physical libraries or expensive printed books. Instead, digital downloads provide an efficient and inclusive pathway to knowledge that is accessible to anyone, anywhere.

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Digital learning resources also support flexible study habits. Unlike traditional books that require dedicated reading environments, digital files can be accessed across multiple devices, including laptops, tablets, and smartphones. This flexibility allows users to study at their own pace and on their own schedule. Whether during travel, at home, or in professional settings, having ***Bible Study Topics For Young Adults*** available digitally encourages consistent learning and better time management.

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Personalization is another major benefit of digital learning resources. With downloadable ***Bible Study Topics For Young Adults***, users can tailor

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The affordability of digital books also contributes to their growing popularity. Many platforms offer free access to downloadable resources, particularly for public domain works or open-access materials. Websites such as Project Gutenberg, Open Library, Free-Ebooks.net, and the Internet Archive host extensive collections that support both recreational reading and professional development. Access to ***Bible Study Topics For Young Adults*** through these platforms reduces financial barriers and promotes educational inclusivity.

Using reputable platforms is essential to ensure both legality and quality. Trusted websites prioritize copyright compliance and content authenticity, allowing users to download materials responsibly. Ethical downloading respects the rights of authors and publishers while supporting the sustainability of free knowledge-sharing initiatives. It also protects users from cybersecurity risks such as malware, phishing attempts, or corrupted files.

Cybersecurity awareness is an important aspect of digital literacy. When accessing ***Bible Study Topics For Young Adults*** online, users should verify the credibility of sources, avoid suspicious downloads, and use updated security software. Responsible digital behavior ensures a safe and productive learning experience while maintaining trust in digital education systems.

Downloadable digital books also support lifelong learning, an increasingly important concept in today's rapidly changing world. Education is no longer confined to formal institutions or specific stages of life. With ***Bible Study Topics For Young Adults*** available digitally, individuals can continuously

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Professionals also benefit from the convenience and efficiency of downloadable resources. Whether used for reference, training, or professional development, digital books allow quick access to relevant information. Having ***Bible Study Topics For Young Adults*** stored digitally enables professionals to consult materials as needed, supporting informed decision-making and continuous improvement.

Digital organization further enhances productivity. Users can categorize files, create searchable libraries, and back up content using cloud storage. This organization ensures that valuable resources remain accessible and secure over time. Compared to managing physical books, digital libraries offer superior flexibility and ease of use.

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Environmental sustainability is another important consideration. By reducing reliance on printed materials, digital downloads help conserve

natural resources and reduce the environmental impact associated with printing and transportation. While digital technologies also have environmental costs, the shift toward electronic resources represents a more sustainable approach to distributing knowledge.

The global reach of digital books fosters cultural exchange and shared learning experiences. Downloading ***Bible Study Topics For Young Adults*** allows readers from diverse backgrounds to access the same content, encouraging collaboration and dialogue across borders. This global connectivity contributes to a more informed and interconnected world.

Digital learning also encourages adaptability. As new editions, updates, or supplementary materials become available, users can easily access the latest information. This adaptability is particularly important in fields that evolve rapidly, where staying current is essential for accuracy and relevance.

As technology continues to shape education, digital books will remain a cornerstone of modern learning. The ability to download ***Bible Study Topics For Young Adults*** reflects an evolving approach to education that prioritizes accessibility, efficiency, and user empowerment. Digital literacy is now a fundamental skill in the digital age.

In conclusion, downloading ***Bible Study Topics For Young Adults*** demonstrates the successful fusion of technology and education. Through legal and responsible platforms, readers gain access to vast knowledge resources that support academic study, professional development, and personal enrichment. Digital access makes learning more accessible, efficient, and inclusive, empowering individuals to pursue lifelong learning in an increasingly connected world.

Questions & Answers About bible study topics for young adults

No	Question	Answer
1	What are some effective Bible study topics for young adults?	Effective Bible study topics for young adults include identity in Christ, navigating relationships, managing anxiety and stress through faith, understanding purpose and calling, and developing spiritual disciplines.
2	How can young adults relate Bible study topics to their daily lives?	Young adults can relate Bible study topics to their daily lives by focusing on practical applications such as making ethical decisions, handling peer pressure, building healthy relationships, and finding hope during challenges through biblical principles.
3	What Bible books are recommended for young adults to study?	Recommended Bible books for young adults include Psalms for encouragement, Proverbs for wisdom, James for practical Christian living, Ephesians for understanding identity in Christ, and John for a deeper understanding of Jesus' life and teachings.
4	How can young adults stay motivated in their Bible study?	Young adults can stay motivated by setting specific goals, joining small groups or Bible study communities, incorporating multimedia resources like podcasts or videos, applying lessons to real-life situations, and praying for understanding and growth.

5	What role does Bible study play in the spiritual growth of young adults?	Bible study plays a crucial role in the spiritual growth of young adults by deepening their knowledge of God’s Word, strengthening their faith, providing guidance for life’s challenges, fostering a personal relationship with God, and encouraging a lifestyle that reflects Christian values.

faith building, Christian living, spiritual growth, Bible verses for youth, prayer and devotion, discipleship, overcoming challenges, biblical characters, relationship advice, church involvement

Bible Study Topics For Young Adults eBook Resource

Bible Study Topics For Young Adults eBooks provide structured digital knowledge.

Core Discussion

Digital books help readers maintain productivity.

Practical Use

Bible Study Topics For Young Adults eBooks support consistent study routines.

Conclusion

Digital reading improves access to information.

Standardization ensures consistent understanding.

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These interactive features help learners transform passive reading into an engaged and intentional learning process.

This integration allows learners to connect reading materials with broader knowledge management practices.

Bible Study Topics For Young Adults eBooks empower users to track progress, set learning milestones, and maintain motivation over time.

Ultimately, Bible Study Topics For Young Adults eBooks offer an efficient, scalable, and future-ready approach to knowledge consumption.

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Ultimately, Bible Study Topics For Young Adults eBooks represent an efficient, scalable, and sustainable approach to continuous learning.

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Bible Study Topics For Young Adults eBooks reduce environmental impact by minimizing paper usage, contributing to more sustainable knowledge consumption practices.

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Many eBook platforms provide built-in sharing features that allow limited access, previews, or recommendations without violating copyright. Some services even support temporary lending or family sharing within defined rules. Always review the platform’s terms of use before sharing any content related to Bible Study Topics For Young Adults.

Ethical considerations when sharing

Beyond legal requirements, ethical considerations play an important role. Sharing unauthorized copies can harm authors and publishers by reducing potential income and discouraging future content creation. Supporting legal distribution ensures that high-quality Bible Study Topics For Young Adults materials continue to be produced and updated. Ethical sharing builds trust and sustainability within reading and learning communities.

Finding Reviews

Reading reviews is one of the most effective ways to choose the best edition of Bible Study Topics For Young Adults. With many versions, formats, and publishers available, reviews help readers avoid low-quality or poorly formatted editions and focus on content that meets their expectations.

Online bookstores often feature customer reviews and ratings that provide insights into readability, formatting quality, and overall satisfaction. Paying attention to detailed reviews can reveal common issues such as missing pages, poor editing, or compatibility problems with certain devices. Reviews that mention specific strengths or weaknesses are especially useful when selecting a digital version of Bible Study Topics For Young Adults.

Community-driven platforms such as Goodreads, Reddit, and specialized forums offer additional perspectives. These communities allow readers to discuss content in depth, compare editions, and share personal experiences. Recommendations from experienced readers or subject-matter enthusiasts can be particularly valuable when choosing educational or technical Bible Study Topics For Young Adults materials.

Professional reviews from blogs, academic journals, or reputable websites can also provide objective evaluations. These reviews often focus on content accuracy, relevance, and usefulness, making them helpful for students and professionals who rely on reliable information.

Evaluating review credibility

Not all reviews carry the same level of reliability. When reading reviews, consider the reviewer’s background, level of detail, and consistency with other feedback. Multiple reviews highlighting similar strengths or weaknesses usually indicate a genuine pattern. Avoid relying solely on extreme opinions and instead look for balanced assessments that discuss both pros and cons of the Bible Study Topics For Young Adults edition.

Using Audiobooks

Audiobooks offer an alternative way to experience Bible Study Topics For Young Adults content and are increasingly popular among modern readers. Instead of reading text, users listen to narrated versions, allowing them to engage with content while performing other tasks. Audiobooks are especially useful during commuting, exercising, or completing routine activities.

Platforms such as Audible, Google Audiobooks, Apple Books, and Scribd offer professionally narrated audiobooks of many Bible Study Topics For Young Adults titles. These versions often feature high-quality narration, clear pronunciation, and structured pacing that enhances understanding. Some audiobooks also include chapter navigation, bookmarks, and playback speed controls for added convenience.

For public domain works, platforms like LibriVox provide free audiobooks narrated by volunteers. While narration quality may vary, LibriVox remains a valuable resource for accessing classic or open-access versions of Bible Study Topics For Young Adults without cost. Listening to samples before committing to a full audiobook can help ensure a comfortable listening experience.

Audiobooks are particularly beneficial for auditory learners or individuals with visual impairments. They also help reduce screen time, making them a healthy alternative for extended content consumption. However, audiobooks may not be ideal for detailed study that requires frequent referencing, highlighting, or visual analysis.

Combining audiobooks with text

Many readers find value in combining audiobooks with digital or printed text. Listening while following along in the text can improve comprehension and retention. Others use audiobooks for initial exposure and then refer to the text version of Bible Study Topics For Young Adults for deeper study.

This multi-format approach maximizes flexibility and learning efficiency.

Tracking Progress

Tracking reading progress is a powerful way to stay motivated and organized when engaging with Bible Study Topics For Young Adults. Monitoring progress helps readers set goals, manage time effectively, and reflect on what they have learned. Whether reading for leisure, study, or professional development, tracking tools enhance accountability and consistency.

Apps such as Goodreads, StoryGraph, and LibraryThing allow users to log books, track reading status, write reviews, and set annual or monthly reading goals. These platforms also offer personalized recommendations based on reading history, making it easier to discover related Bible Study Topics For Young Adults materials.

For readers who prefer a more customized approach, spreadsheets or note-taking apps can serve as effective tracking tools. Creating a simple reading log that includes dates, chapters completed, key notes, and personal reflections helps organize learning and maintain focus. Digital notes can be linked directly to highlighted sections within Bible Study Topics For Young Adults for easy reference.

Using tracking for study and research

For academic or professional purposes, tracking progress goes beyond simple completion. Recording insights, questions, and references while reading Bible Study Topics For Young Adults creates a structured knowledge base that can be revisited later. This approach supports deeper understanding and improves long-term retention of information.

Tracking tools also help identify patterns in reading habits, such as preferred formats or optimal reading times. Understanding these patterns allows readers to adjust their routines for better productivity and

enjoyment.

Community engagement and motivation

Sharing progress within reading communities can increase motivation and accountability. Many platforms allow users to join reading challenges, discussion groups, or book clubs centered around specific topics or genres. Engaging with others who are also reading Bible Study Topics For Young Adults fosters discussion, insight exchange, and a sense of shared purpose.

However, sharing progress should always respect privacy preferences. Users can choose what information to make public and what to keep personal. Balanced participation ensures that tracking remains a supportive tool rather than a source of pressure.

Final thoughts on sharing and managing Bible Study Topics For Young Adults

Responsible sharing, informed selection, and effective tracking are key aspects of enjoying Bible Study Topics For Young Adults in the digital age. By respecting copyright, relying on trusted reviews, exploring audiobooks, and monitoring reading progress, readers can create a well-rounded and ethical reading experience. These practices not only enhance personal understanding but also contribute to a sustainable and supportive reading ecosystem built around high-quality Bible Study Topics For Young Adults content.